

History of McAuley Residence

The story of McAuley Residence is one of hope. In 1988, the Sisters of Mercy founded this transitional housing program to serve single women and women with children whom were desperately in need of a helping hand. It is not just about survival and shelter—McAuley Residence opens the door to a new life. Today, the primary concern is recovery from addiction, while many are also in recovery from abuse, mental illness, or other trauma. The women who enter this program are given the help they need to heal and to thrive.

In this safe and compassionate environment, residents are able to face the issues that have wreaked havoc upon their lives, enabling them to move on to a new and better life. McAuley Residence offers an array of services—life skills, counseling, medical support, parenting coaching, and mentoring, all of which are focused on healing the body, mind, and spirit.

The goal of McAuley Residence is to help women acquire the skills that they need to become self-sufficient. For those who are parents, this means a new and better life for their children as well. For 30 years, that goal has been met time and time again.

Join the Celebration!

McAuley Residence 5K Fun Run/Walk

Saturday, October 13

Mercy Fore River Campus

175 Fore River Parkway

Early Pick Up

Stop by Mercy Hospital, Fore River lobby, on Friday, October 12 between 11 am and 2 pm to pick up your race bib and t-shirt.

Sponsors

Alere Scarborough, Inc.

Core Installations

F.L.Putnam Investment Management Company

Jones, Rich & Barnes Funeral Home

Norway Savings Bank

Seabreeze Property Services

SMRT

Presenting Sponsor:

TruChoice
FEDERAL CREDIT UNION



McAuley Residence Walk/Run for Recovery

Celebrating 30 years of changing women's lives

Presented by
TruChoice Federal Credit Union

Saturday, October 13
RAIN or SHINE

Mercy Fore River Campus
175 Fore River Parkway

7:30 am	Sunrise Yoga
8 am	Registration
8:30 am	Kids' 1K Walk/Run
9 am	Kick Off, Walk/Run Start

Tie up your laces and get moving to help the women and children of McAuley Residence! Whether you choose the 1K, 5K, or are a virtual participant, you set the pace. The McAuley Residence 5K Fun Run/Walk is a non-competitive event.

 **Mercy Healthcare**
FOUNDATION
EMHS FOUNDATION

Join the Walk and Support Recovery!



Step 1:

Register online at:
emhsfoundation.org/mcauley

To receive a paper form, call 207.879.3605
or email toppik@emhs.org.

Step 2:

Recruit your team

Invite your friends, family, and co-workers to
join you as you walk for recovery to help the
women and children at McAuley Residence.

Step 3:

Fundraise

Ask friends and family to support your efforts by
making a donation today. Build your fundraising
webpage to accept online donations at:
events.emhsfoundation.org/mcauley

Be a champion!

**Raise \$150
or more**

Receive a recycled
grocery bag

**Raise \$300
or more**

Receive a pair of pro
running/cycling socks

**Raise \$1,000
or more**

Receive a custom
pro t-shirt

**Raise \$2,000
or more**

Receive an exclusive
fleece vest

For more information or to register, visit events.emhsfoundation.org/mcauley

McAuley Residence Working Wonders with Your Help

Fresh Start nutrition program launched by Mercy Physicians

Under the leadership of David Langdon, MD and David Andrews, MD, the physicians of Mercy raised \$10,000 to support Fresh Start, McAuley's nutrition program.

Macy's Look Ahead Initiative

Former Mercy board members ML Norton and Brenda Miley created Look Ahead to make sure that the clothes in resident graduates' closets reflected their renewed sense of self.

Guest Chefs in the Kitchen

Every Wednesday the women and children gather in the kitchen where folks from Cultivating Community hold a cooking class. Guest chefs have included: David Turin, David's Restaurant; Allison Reid, Scratch Bakery; and Nancy Cerny, CVC Catering.

Fairchild Opens Doors for Education

With a grant from Fairchild Semiconductor, funds are now available to provide educational stipends for residents wishing to pursue education and training during their stay in the program.

Back to School with Olympia Sports

In-kind support in the form of new shoes, new t-shirts, and new jackets has helped the children at McAuley Residence put their best foot forward as they enter the new school year.

Financial Literacy thanks to Key Bank

Key Bank managers work with each resident to assess their financial situation, open a bank account, fix their credit score, develop a financial plan, and teach the women how to budget.

Building a Future for McAuley

Long-time supporters David and Brenda Miley have helped to establish the McAuley Reserve Fund which will be used for strategic "enrichment/expansion" of McAuley Residence program.