

How to Continue on the Journey after *Journey*...

1. Create or join a small faith sharing group during the weeks of Advent/Lent. Assist the youth to get this going or to join a group in the parish.
2. Work with the youth to lead a night of prayer for the parish during Advent/Lent or to plug into what is already happening in the parish during Advent. Do this with them!
3. Encourage youth to become involved in the live Stations of the Cross in your parish or work with them to lead it on one of the Fridays of Lent (don't be afraid to be creative!)
4. Assist young people to commit to a particular practice of prayer every day! Help them to explore different ways to pray
5. Pick up the Scriptures of the upcoming Sunday to pray with them and to break them open. Do this with a small group or groups of youth. Or, if your parish already has a group that meets to do this weekly, encourage and go with young people to participate in it and bring their friends! Many resources are available to help you do this. And, yes, you can even do this at a coffee shop or pizza parlor!
6. Affirm the personal gifts, talents and skills of the young people in your parish and help them to put them into action! Help them to connect with the adult community and to join a parish committee or ministry, go make a difference by accompanying young people in this way within your community!
7. Organize a time for young people and their families to spend time with Jesus in the Blessed Sacrament in your parish this Advent. Be sure to schedule it at a conducive time for *them*!
8. Gather some young people (invite, invite!) together and serve the poor – either locally or globally, through service or donation – but also include the connections to our faith through Scripture and Catholic Social Teaching.
9. Talk with your pastor and invite the youth to share about their Journey 2017 experience with the parish at Mass and during other times when the community gathers.
10. Encourage teens to invite others to embark upon a journey with Jesus to encounter, embrace and echo the Risen Lord! (How can they invite their friends to Mass, events, gatherings, to pray together, commit to something together, etc.)

FOR YOURSELF:

- Consider committing to some of the above for your own spiritual growth.
- Plug into diocesan offerings for your own professional formation.