

HISPANIC MINISTRY
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Eucharistic Adoration
Second Saturday of the month, 6:00 pm
Sacred Heart Chapel, **Portland**

Spanish Masses

Brewer
3rd Sunday of the month, 1:00 pm.
St. Teresa Church - 425 South Main St.
Cherryfield
1st Sunday of the month, 1:00 pm.
St. Michael Church - 51 Elm St
Lewiston
Every Saturday, 6:00 pm. – (Live- Stream)
Holy Family Church
607 Sabattus Street
Pittsfield
1st Friday of the month, 12:00 m.
St. Agnes Church - 238 Detroit Street
Portland
Every Sunday, 1:00 pm.
Sacred Heart Church - 65 Mellen Street
Rockland
3rd Sunday of the month, 1:00 pm
St. Bernard Church – 150 Broadway St.
Sanford
3rd Wednesday of the month 6:30 pm
Holy Family Church - 66 North Ave





Presentation of The Lord February 2

The presentation of the Lord is based on the Gospel of Luke (Luke 2:22-40), where it is narrated that, forty days after his birth, Mary and Joseph took Jesus to the Temple in Jerusalem to present him to the Lord, as required by the Law of Moses. This act symbolizes

the consecration of the firstborn to God, a ritual that was performed in Jewish tradition.

The feast not only celebrates the presentation of Jesus, but also the purification of Mary, which was obligatory after childbirth. In the Temple, Jesus was greeted by Simeon, a righteous man who had awaited the coming of the Messiah. Upon seeing Jesus, Simeon proclaimed that the child would be "a light to enlighten the nations" and "glory to your people Israel." This proclamation highlights the importance of Jesus as the Savior and the light of the world.

The Presentation of the Lord is a significant event in the Christian liturgy, commemorating the revelation of Jesus as the Messiah.

Steps to make a good Confession

- 1. Examination of Conscience.** Analyze our life and open our hearts without deception. You can help yourself with a guide to do it well.
- 2. Repentance.** To feel a real pain of having sinned because we have hurt the one who loves us most: God.
- 3. Resolution not to sin again.** If I truly love, I cannot continue to hurt the beloved. There is no point in confessing ourselves if we do not want to improve.
- 4. Tell sins to the confessor.** The priest is an instrument of God. Let us put aside "shame" or "pride" and open our souls, certain that it is God who listens to us.
- 5. Receive absolution and fulfill penance.** It is the most beautiful moment, for we receive God's forgiveness. Penance is a simple act that represents our reparation for the fault we committed.



Lady of Candelaria February 2

The feast is known and celebrated by various names: the Presentation of the Lord, the Purification of Mary, the Feast of Light and the Feast of Candles; All these names express the meaning of the festival. Christ,

the Light of the world, presented by his Mother in the Temple, comes to illuminate everyone like the candle or the candles, from which the invocation of the Virgin of the "Candelaria" is derived. His devotion is deeply rooted in Spain, and in countries such as Bolivia, Colombia, Cuba, Mexico, Peru, Venezuela

Our Lady of Lourdes February 11

Marian devotion that refers to the 18 apparitions that took place in Lourdes, France, and that began on February 11, 1858, when Bernadette Soubirous, 14, experienced the encounter with our Mother and that would seal her entire life. The apparitions were characterized by the sobriety of the Virgin's words and by the appearance of a fountain of water that sprang up unexpectedly next to the place of the apparitions and where many miracles have occurred since 1833.



World Day of the Sick February 11



Instituted by St. John Paul II in 1992, seeks to be a privileged moment of prayer, reflection and action for the entire ecclesial community and civil society. Communities are invited to recognize

sick and to promote concrete gestures of love and mercy towards them.

What is Lent?

Lent is the liturgical season of conversion, which the Church marks to prepare us for the great feast of Easter. It is time to repent of our sins and to change something about ourselves to be better and to be able to live closer to Christ.

Lent lasts 40 days; it begins on Ash Wednesday (February 18 in 2026) and ends before the Mass of the Lord's Supper on Holy Thursday (April 2 in 2026).

The imposition of ashes is an invitation to go through the season of Lent as a more conscious and more intense immersion in the paschal mystery of Jesus, in his death and resurrection, through participation in the Eucharist and in the life of charity.

The ashes come from the branches blessed on the Sunday of the Passion of the Lord, the previous year, following a custom that dates back to the twelfth century. The formula of blessing relates to the sinful condition of those who will receive it. It symbolizes the weak and expiring condition of man, who walks towards death; his sinful situation; the ardent prayer and supplication for the Lord to come to their aid; the Resurrection, since man is destined to participate in the triumph of Christ

The liturgical color of this time is the abode that means mourning and penance. It is a time of reflection, of penance, of spiritual conversion; Preparation time for the Paschal mystery.

In Lent, Christ invites us to change our lives. The church invites us to live lent as a path to Jesus Christ, listening to the word of God, praying, sharing with others and doing good deeds. It invites us to live a series of Christian attitudes that help us to look more like Jesus Christ, because by action of our sin, we move away more from God.

For this reason, **lent is the time of forgiveness and fraternal reconciliation.** Every day, throughout our lives, we must throw from our hearts the hatred, the rancor, the envy, the jealousy that opposes our love for God and the brothers. In Lent, we learn to know and appreciate the Cross of Jesus. With this we also learn to take our cross with joy to reach the glory of the resurrection.

The duration of Lent is based on the symbol of the number forty in the Bible. In this one, one speaks of the forty days of the flood, of the Forty years of the march of the Jewish people through the desert, of the forty Days of Moses and of Elijah in the mountain, of the forty days that Jesus spent in the desert before beginning his public life, of the 400 years that lasted the stay of the Jews in Egypt.

Sources : <https://opusdei.org/es/article/preuntas-cuaresma-jesu-cristo-iglesia>
<https://www.aciprensa.com/recurso/2773>

