

# Lectio Divina



## Lectio Divina for February 7, 2025 Friday of the Fourth Week in Ordinary Time National Marriage Week

*We begin our prayer:*

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

O God, Creator of all things,  
who in the beginning made man and woman  
that they might form the marriage bond,  
bless and strengthen the union of your servants,  
that they may show forth an ever more perfect image  
of the union of Christ with his Church.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity  
of the Holy Spirit,  
one God, for ever and ever.

(Collect, On Anniversaries of Marriage)

### Reading (*Lectio*)

Read the following Scripture two or three times.  
Hebrews 13:1-8

Let brotherly love continue. Do not neglect hospitality, for through it some have unknowingly entertained angels. Be mindful of prisoners as if sharing their imprisonment, and of the ill-treated as of yourselves, for you also are in

the body. Let marriage be honored among all and the marriage bed be kept undefiled, for God will judge the immoral and adulterers. Let your life be free from love of money but be content with what you have, for he has said,

*I will never forsake you or abandon you.*

Thus we may say with confidence:

*The Lord is my helper,  
and I will not be afraid.*

*What can anyone do to me?*

Remember your leaders who spoke the word of God to you. Consider the outcome of their way of life and imitate their faith. Jesus Christ is the same yesterday, today, and forever.

### Meditation (*Meditatio*)

After the reading, take some time to reflect in silence on one or more of the following questions:

- What word or words in this passage caught your attention?
- What in this passage comforted you?
- What in this passage challenged you?

*If practicing lectio divina as a family or in a group, after the reflection time, invite the participants to share their responses.*



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## Prayer (*Oratio*)

*Read the Scripture passage one more time. Bring to the Lord the praise, petition, or thanksgiving that the Word inspires in you.*

## Contemplation (*Contemplatio*)

*Read the Scripture again, followed by this reflection:*

What conversion of mind, heart, and life is the Lord asking of me?

*Do not neglect hospitality, for through it some have unknowingly entertained angels.* Do I see an opportunity to encounter Christ in others, including my spouse? How can I offer a more generous welcome to those who seek my aid?

*Let marriage be honored among all and the marriage bed be kept undefiled.* How can I grow in fidelity to my spouse? How do I honor my marriage in my words and actions?

*Jesus Christ is the same yesterday, today, and forever.* When have I relied on Jesus when facing challenges in my marriage? What can I do to ground my marriage more firmly in Jesus?

*After a period of silent reflection and/or discussion, all recite the Lord's Prayer and the following:*

## Closing Prayer:

The LORD is my light and my salvation;  
whom should I fear?  
The LORD is my life's refuge;  
of whom should I be afraid?

Though an army encamp against me,  
my heart will not fear;  
Though war be waged upon me,  
even then will I trust.

For he will hide me in his abode  
in the day of trouble;  
He will conceal me in the shelter of his tent,  
he will set me high upon a rock.

Your presence, O LORD, I seek.

Hide not your face from me;  
do not in anger repel your servant.  
You are my helper: cast me not off.

(From Psalm 27)

## Living the Word This Week

*How can I make my life a gift for others in charity?*

Invite a friend or friends to join your family for Mass on Sunday and for a simple breakfast or lunch after Mass.

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