



SUNDAY CELEBRATIONS IN THE ABSENCE OF A PRIEST

What a Leader of Prayer Does

LITURGY

From the Greek meaning "public work."
It refers especially to the public worship of the Church,
including Mass and the Liturgy of the hours.

U.S. Catholic Catechism for Adults, p 518

Tips for Leading Liturgical Prayer

Do everything in a spirit of prayer

- Ground yourself in the liturgical principle *lex orandi lex credendi lex vivendi* that translates *As we pray so we believe; as we believe so we live*
- Cooperate with the Holy Spirit and the whole community to lift hearts and minds to the glory of the Most Holy Trinity

Be an example of reverence

- Solemn bow toward the altar
- Genuflect toward the tabernacle
- Keep an unhurried pace
- Speak clearly with appropriate emotion and inflection
- Include silence

PRACTICE!

- Prepare ritual book with needed bookmarks and additional texts for the specific Sunday
- **Do the red. Say the black.**
- Walk through SCs liturgy in the worship space, including setting up the sanctuary
- Be mindful of postures, motion, and gestures like inviting responses, bowing, genuflecting, or blessings so you move with ease, avoiding stiffness that would call attention to you rather than guide the assembly into deeper prayer
- Look up at the beginning and end of a prayer or reading
- Read prepared texts and make prescribed gestures only to follow the Church's norms and eliminate ad-libs