## A Blessing for Nurses



## **A Blessing for Nurses**

May rest find you, In the peaceful moments when all is still, In the quiet times when you pause And breathe.

May rest find you In the chaos of the moment In the sorrow you seek to heal.

May rest strengthen and bless you. May it fill your spirit And give you unearned joy.

May you find rest in the care of others, In the knowledge of your worth, In the value of your service.

May the One who gives rest Bless you and hold you close. And may you, in your very being, Be a place of rest for others.

Amen.

From *Voices from the Journey, by* Juliana Casey, IHM, published in 2015 by the Catholic Health Association of the United States