



ROMAN CATHOLIC DIOCESE OF PORTLAND

Project Rachel

Post-Abortion Healing Ministry



We know abortion can cause intense emotional and spiritual pain.

How can you help?

Through Project Rachel Ministry, the Roman Catholic Diocese of Portland offers hope, understanding, and healing to women and men whose lives have been affected by abortion. You can help by:

- Praying for the Project Rachel team and our retreatants, especially on Divine Mercy weekend.
- Helping to bring "The Language of Compassion" presentation to your parish.
- Being a model of Christ's compassion and mercy in your relationships and local community.
- Leading those needing healing to Project Rachel.
- Making a donation to help keep the costs of the retreat low for those we seek to help.

*no judgement,
only mercy*



DO YOU REGRET YOUR ABORTION OR ARE STRUGGLING WITH ABORTION'S IMPACT IN YOUR FAMILY AND WANT HELP?

Please leave a confidential message for the Project Rachel Team:

- CALL 207-321-7897
- E-MAIL
ProjectRachel@PortlandDiocese.org
- COMPLETE ONLINE FORM ON WEBSITE

Learn more at
PortlandDiocese.org/ProjectRachel



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Healing & forgiveness are possible!

Through Project Rachel Ministry, the Roman Catholic Diocese of Portland offers hope, understanding, and healing to women and men whose lives have been affected by abortion. We do this through:

- developing outreach tools for parish leaders
- offering in-person *Language of Compassion* presentations for groups
- co-sponsoring an annual Prayer Service for Healing from the Loss of a Child
- hosting a *Rachel's Vineyard Retreat* weekend for anyone personally affected by an abortion, including women, men, relatives, and former abortion workers

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