

E.P.I.C. 2017

Packing List

July 24-28, 2017/ Monday-Friday / St. Joseph's College, Standish, ME

Please pack:

- Sneakers, flip flops, sandals (shoes must be worn)
- Comfortable and appropriate clothes for the week: shorts (no short-shorts or spaghetti strap shirts), t-shirts, jeans, a sweatshirt for cooler nights, etc.
- An appropriate bathing suit and beach towel
- Appropriate clothes to play sports during Free Time
- Snacks for your room
- A water bottle
- Sunscreen and bug spray
- Toiletries – yes, this means shampoo, soap, toothpaste and deodorant!
- Sheets, bath towels, and a pillow
- A cushion or low beach chair for small group times, if needed
- A fan for your room
- An instrument, if you wish

