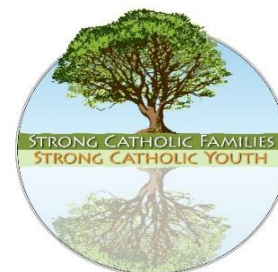


Taking a Family Faith Inventory...



This is a short inventory identifying ways that faith can be practiced and lived out in the home. It is not a test, rather a personal assessment to help your family determine how you can continue to grow in faith as a family.

To best use the inventory, each adult should individually rate each statement. Then go back through the ratings and check the ones that you would like to change in the coming year. Next share the results with one another. Do not feel that you have to tackle everything at once. Chances are, most of the things you will want to see happen will happen if you start with just a couple of actions, like sharing meals together, participating in Mass, or spending a few minutes reading Scripture and sharing faith together prior to or after a meal.

This inventory was developed for the Strong Catholic Families national initiative (www.strongcatholicfamilies.org)

Family and Community: *How well does our family recognize the sacredness of a family meal and discover God in the ordinary moments of family and parish life?*

1. Eating dinner together is a priority in our family schedule.

Never Very Little Somewhat Fairly Often All the Time Okay or Change

2. Being Catholic is a significant part of our family identity.

Never Very Little Somewhat Fairly Often All the Time Okay or Change

3. We participate in social and community events at our parish (outside of Mass).

Never Very Little Somewhat Fairly Often All the Time Okay or Change

4. Religious art, images, and Bibles can be found throughout our home.

Never Very Little Somewhat Fairly Often All the Time Okay or Change

Prayer and Worship: *Does our family recognize and embody the centrality of prayer in Catholic life, both individually and collectively?*

1. We attend Mass together on a regular basis.

Never Very Little Somewhat Fairly Often All the Time Okay or Change

2. I pray on my own (outside of Mass).

Never Very Little Somewhat Fairly Often All the Time Okay or Change

3. We pray together as a family (outside of Mass).

Never Very Little Somewhat Fairly Often All the Time Okay or Change

4. Family members take turns leading prayer.

Never Very Little Somewhat Fairly Often All the Time Okay or Change

5. We celebrate the seasons of the liturgical year (e.g., Advent, Lent) with special prayers, actions, and rituals at home.

Never Very Little Somewhat Fairly Often All the Time Okay or Change

6. Special family occasions are marked with blessings and/or prayers.

Never Very Little Somewhat Fairly Often All the Time Okay or Change

Family Faith Inventory *(continued)*

Formation: *How important is learning and growing in the faith to our individual and family life?*

1. I read Scripture on my own.

Never Very Little Somewhat Fairly Often All the Time Okay or Change

2. We read Scripture as a family.

Never Very Little Somewhat Fairly Often All the Time Okay or Change

3. We put a high value on learning more about our Catholic faith.

Never Very Little Somewhat Fairly Often All the Time Okay or Change

4. I participate in faith formation opportunities (e.g., classes, spiritual reading, and spiritual direction).

Never Very Little Somewhat Fairly Often All the Time Okay or Change

5. I make sure my children/teens participate in faith formation opportunities (e.g., youth ministry, religious education, retreats, mission trips, etc.).

Never Very Little Somewhat Fairly Often All the Time Okay or Change

Justice and Service: *As individuals and as a family do we seek opportunities to perform works of mercy in our neighborhood, church, or other organizations?*

1. We discuss current events in light of the values and beliefs of the Catholic faith.

Never Very Little Somewhat Fairly Often All the Time Okay or Change

2. I model discipleship (following Jesus) for my children and/or teens.

Never Very Little Somewhat Fairly Often All the Time Okay or Change

3. In our family, we talk about morality and how to judge between right and wrong.

Never Very Little Somewhat Fairly Often All the Time Okay or Change

4. I am involved in regular justice and service in the parish and/or wider community.

Never Very Little Somewhat Fairly Often All the Time Okay or Change

5. We expect family members to be involved in parish ministry or service in addition to Mass and religious education (e.g., lector, usher, catechist, choir, vacation Bible school, etc.).

Never Very Little Somewhat Fairly Often All the Time Okay or Change

Two Things: *What next steps you will take in the coming months, as an individual and as a family.*

Individually reflect on your own inventory ratings and decide on two things you will do on your own to grow in faith in the coming months...

Thing One:

Thing Two:

As a family decide together on two things the family will do to grow together in faith in the coming months...

Thing One:

Thing Two: